



SUNNYSLOPE FOOTBALL

Junior Class Playing College Football Checklist

Recommended Start Date	Estimated Finish Date	Completion Date	Action Item
January			
1-1-XX	1-31-XX		Develop an Athlete Profile Packet (film, transcript, update profile, articles, anything else that set you apart from other). E-mail Coach Mayfield and he will E-mail you back the Athlete Profile Packet. tmayfield@sunnyslopefootball.com
1-1-XX	1-31-XX	N/A	Register and begin preparing for the SAT and/or ACT Tests. All dates are listed on www.SunnyslopeFootball.com website under the page "Playing College Football" Next SAT test MARCH & ACT FEBRUARY SAT: A perfect SAT score is 2400, A Great Score 2200+, Good Score 1700+, Average 1550+, Below 1550 YOU NEED TO RETAKE! ACT: A perfect ACT score is 36, A Great Score 31+, Good Score 26+, Average 22+, Below 21 YOU NEED TO RETAKE!
1-7-XX	1-7-XX		Register for the ACT in February
1-1-XX	1-31-XX		Get a copy of your official transcript from your counselor
1-1-XX	1-31-XX	N/A	Focus on School and Weight Room workouts
1-1-XX	1-31-XX		Get cleared for a Spring Sport
February			
2-1-XX	2-1-XX		Go out for either Baseball or Track & Field (Mandatory for all Football Players) Get involved. In Track & Field we lift 4 out of 5 days a week and you get in condition by running.
2-7-XX	2-7-XX		Take the ACT if registered! Get a good night sleep!
2-10-XX	2-10-XX		Register and begin preparing for the SAT and/or ACT Tests. Next SAT test MARCH & ACT MAY
2-1-XX	2-29-XX		Begin researching your top 10 colleges and 10 alternative colleges in the Division that you can play in. For example: If you are Div II player don't research colleges that are Div I unless you don't plan on playing college football.
2-1-XX	2-29-XX	N/A	Focus on School and your spring sport, continue to lift weights.
March			
3-1-XX	3-31-XX		Continue to research your top 10 colleges
3-1-XX	3-31-XX		Finalize your Athlete Profile Packet and show to Coach Mayfield.
3-5-XX	3-31-XX		Make changes to Athlete Profile Packet as requested by Coach Mayfield. Prepare 10-20 packets to be mailed out to colleges of your choice.
3-10-XX	3-31-XX		Begin mailing out your Athlete Profile Packet your top 10 of your choice colleges
3-14-XX	3-14-XX		Take the SAT if registered! Get a good night sleep!
3-1-XX	3-31-XX	N/A	Focus on School and your spring sport, continue to lift weights.



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Junior Class Playing College Football Checklist (page 2)

Recommended Start Date	Estimated Finish Date	Completion Date	Action Item
April			
4-1-XX	4-5-XX		If you haven't registered for the SAT for May, test date you need to do ASAP! Begin preparing for the SAT
4-12-XX	4-12-XX		Take the ACT if registered! Get a good night sleep!
4-1-XX	4-30-XX		Study, Study and do more Studying for the SAT & ACT. These scores alone can earn you college scholarship money and can be the difference between colleges choosing you over another athlete! Take an SAT Prep Course! See your counselor for more info.
4-1-XX	4-30-XX	N/A	Focus on School and your spring sport, continue to lift weights.
May			
5-1-XX	5-9-XX		Give Coach Mayfield 2 copies of your Athlete Profile Packet so he can distribute to coaches who stop by during our Spring Football practices.
5-2-XX	5-2-XX		Take the SAT if registered! Get a good night sleep
5-4-XX	5-31-XX		Register and begin preparing for the SAT and/or ACT Tests. All dates are listed on www.SunnyslopeFootball.com website under the page "Playing College Football" Next SAT test JUNE & ACT JUNE
5-11-XX	5-22-XX		Spring Football: Work hard to establish the best times and lifting weights possible. Having good times and lifts can help the recruiting process and enhance your scholarship offers
5-1-XX	5-31-XX	N/A	Focus on School and Weight Room workouts
5-1-XX	5-31-XX		Study, Study and do more Studying for the SAT & ACT. These scores alone can earn you college scholarship money and can be the difference between colleges choosing you over another athlete! Take an SAT Prep Course! See your counselor for more info.
June			
6-1-XX	6-10-XX		Begin mailing out your Athlete Profile Packet your 10 alternative colleges of your choice
6-6-XX	6-6-XX		Take the SAT if registered! Get a good night sleep!
6-13-XX	6-13-XX		Take the ACT if registered! Get a good night sleep!
6-15-XX	6-15-XX		Now that you have taken the SAT and/or ACT you now need to register with the NCAA Initial Eligibility Center https://web1.ncaa.org/eligibilitycenter/common/
6-1-XX	6-31-XX	N/A	Focus on Passing League/Big Man Competitions; continue to work as HARD as you can in conditioning and lifting weights.





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Class of 2010 Playing College Football Checklist (page 3)

Recommended Start Date	Estimated Finish Date	Completion Date	Action Item
July			
7-1-XX	7-31-XX	N/A	Take a vacation with your family it may be the last one you get! Try to get away for no more than a week.
7-1-XX	7-31-XX	N/A	By now you should have taken the SAT and ACT tests at least once; also should have received your scores. SAT: A perfect SAT score is 2400, A Great Score 2200+, Good Score 1700+, Average 1550+, Below 1550 YOU NEED TO RETAKE! ACT: A perfect ACT score is 36, A Great Score 31+, Good Score 26+, Average 22+, Below 21 YOU NEED TO RETAKE!
7-1-XX	7-31-XX	N/A	Focus getting as STRONG and as FAST as you can to improve not only your football skills but your chances of earning a athletic scholarship.
August			
8-1-XX	8-5-XX	N/A	Focus getting as STRONG and as FAST as you can to improve not only your football skills but your chances of earning a athletic scholarship.
8-10-XX	8-21-XX		Viking Weeks Your Season has begun! You need to practice hard and improve your football skills!
8-1-XX	8-30-XX	N/A	Begin looking at the Application Process for your top 10 schools
8-17-XX	8-30-XX		Now that you have taken the SAT and/or ACT you now need to register with the NCAA Initial Eligibility Center if you have not registered you need to do so ASAP! https://web1.ncaa.org/eligibilitycenter/common/
8-21-XX	8-31-XX	N/A	Focus on school and football!
September & October			
9-1-XX	10-31-XX	N/A	Focus on school and football!
November & December			
11-1-XX	11-30-XX	N/A	Focus on school and football!
11-1-XX	11-15-XX		Copy your best two football games from your Senior year on one DVD. Contact Coach Mayfield
11-15-XX	11-30-XX		Contact Coach Mayfield to create a highlight film.
11-15-XX	12-15-XX		Begin mailing out updated Athlete Profile Packet along with updated film to your top 10 and alternate 10. You want to keep your options open.

